



Freedom RG

Coach

Code of Conduct



General

The Coaches' Code of Conduct is designed to support the Club's child protection and safeguarding policies. It works in conjunction with Freedom RG club's policies and procedures and British Gymnastics coaching guidelines. It exists to promote a safe and enjoyable gymnastics experience for all members of Freedom RG Club.

1 Coaches Responsibility

The Coach should always:

1. Adhere and comply with all Club's policies. In particular: Anti-Bullying, Social Media and Safeguarding.
2. Listen and follows directions of the Head Coach and Club Secretary.
3. Adhere to the rules of professional ethics and rules of business conduct.
4. Be an example of professionalism, impeccable reputation and contribute to the formation of a favourable atmosphere.
5. Be polite, friendly and show tolerance and respect when communicating with colleagues and members.
6. Contribute to the establishment of business relationships and constructive cooperation in the team.
7. Follow the Club and British Gymnastics guidance for gymnastics training.
8. Arrive on time for each training session, scheduled events or competitions.
9. Promptly inform the Club Secretary in case of late arrival or sickness.
10. Wear the Club uniform during training and events/competition and keep a neat attire.
11. Refrain from eating, smoking and using a mobile phone for personal purposes while working.
12. Be with the gymnasts at the competitions or any Club event.
13. Be concerned for the safety, well-being, protection and future of the gymnast.
14. Ensure that the training area complies with the health and safety rules and regulations, before starting a training session. In case of non-compliance, notify the Club Secretary.
15. Immediately inform the Club Secretary about any situation threatening the life and health of members.
16. Avoid the conflict situations that could affect his/her reputation and reputation of the Club.
17. Be publicly open when working with gymnasts. Coaches should avoid working alone and unobserved with an individual
18. Take care when providing manual support, only British Gymnastics advised techniques for spotting and handling should be used
19. Supervise in pairs, if possible, in the changing rooms if a group of gymnasts need to be looked after



The coach should never:

1. Miss work sessions without a valid reason (in case of illness, he must notify the Club Secretary)
2. Disclose confidential information received during work and about the Club members.
3. Engage in rough or sexually provocative games.
4. Make suggestive remarks to a member – even in fun.
5. Share a bedroom with an individual gymnast on overnight trips – in this instance coaches should supervise in pairs where possible or supervise groups of children.
6. Do things of a personal nature for a child that they can do for themselves, including assisting them in changing rooms or toilets.
7. Take a gymnast home with them, or to any other secluded place.
8. Transport gymnasts in their personal car. Where the need arises, explicitly seek permission from the parent/guardian and inform the Club Secretary. The coach should try to take more than one child and, where possible, another adult.

2. Prohibitions

The Coach is:

- 1 Prohibited from acting on behalf of the club without the permission of the Club Secretary
- 2 Prohibited from using teaching methods related to mental and physical violence in his work.
- 3 Prohibited from merging or changing training groups without the permission of the Head Coach and the Club Secretary.
- 4 Prohibited from conducting training sessions outside the club without the consent of the Club Secretary and the Head Coach.
- 5 Prohibited from collecting money from the gymnasts' parents.
- 6 Forbidden to carry out propaganda in the interests of political and religious organisations.

The Coach must:

- 7 Refrain from public judgements and assessments regarding the performance of the Club/coaches/members/Director.
- 8 Refrain from any kind of statements and actions of a discriminatory nature based on gender, age, race, nationality, language, citizenship, social marital status, sexual orientation, political or religious preferences.
- 9 Refrain from being rude, offensive, arrogant, prejudiced or inappropriate.
- 10 Refrain from threats, offensive language and actions.

Proudly Affiliated to:

**British
Gymnastics**

